



North Oakland Village

Monthly Newsletter



In This Issue...

Happening in March

President's Letter

Men's Monthly Gathering

Member Profile: Larry Hannah

Handability Shines

Art Group

Singing Group

French Conversation Group

February Village Potluck

UPCOMING EVENTS

>> Handability Group

>> Monday Menders

>> Time to talk about NOV

>> Monthly Bridge Game

>> Game Group

>> Member Salon

>> Non-Fiction Book Group

COMING ATTRACTIONS

Happening in March

Special Presentation March 2

Monday Menders March 6, 13, 20 & 27

Art Group March 8

Handability Group March 13

Men's Group March 15

A Time to Talk March 17

Bridge Group March 17

Game Group March 18

Member Salon March 20

Book Group March 31

Potluck April 2

Singing With Sara April 6

French April 7

Conversation
Group

President's Letter

Dear Members and Friends of NOV,

Seems like most gatherings of people these days wind up, sooner or later, talking about politics and the change in

Monthly Potluck

5:00–7:00 PM

Sunday

**Note: March Potluck
Moved to April 2**



Iva & Bill Baerlocker
– photo courtesy of Sara
Evinger

NOV Headquarters
First Congregational
Church
27th at Harrison

Members:
Need a ride? Call

510/547-8500

direction by the new administration in Washington, DC. Some applaud the changes, others disagree with them. I'm reasonably confident that, as with most groups, we have members and friends of both persuasions in the North Oakland Village, but unlike many groups, we've all been around long enough to know that friendship depends upon civilized discourse, and friendship matters, even when we don't see eye-to-eye.

At the January potluck there was a lot of energy around the peaceful Oakland Women's March and considerable pride that it was an event embracing a lot of different points of view on various topics and that there was a lot more laughing and singing than yelling. Members of the Board started talking and wondering if NOV could chart a course with a group addressing important matters of social justice in a way that would invite EVERYONE – not just folks of one persuasion or the other – to participate in thinking together about making our city part of a better world.

A "Forum" is a place where people come together to express their views and talk about them and "Social Justice" contemplates a very long list of worthy issues where work and energy can make the world a better place by ameliorating human suffering. We think that's a good place to begin, so we're going to move forward with a couple of organizational meetings which will be called "Social Justice Forum" for now and we'll see who is interested and what the group would like to do.



Want to be a part of it? Watch your email for an announcement, and please join us! Let's show all the politicians how it's done – all of us working together.

– Susan Pierpoint
President Board of Directors

Special Note: Date Change for March Monthly Potluck

Due to an unusually large number of organizations having events in the First Congregational Church on our usual potluck date – March 26 – we anticipated parking issues.

In order to provide everyone with the best possible experience, *we have arranged to move the North Oakland Village Potluck to the 1st Sunday in April.*

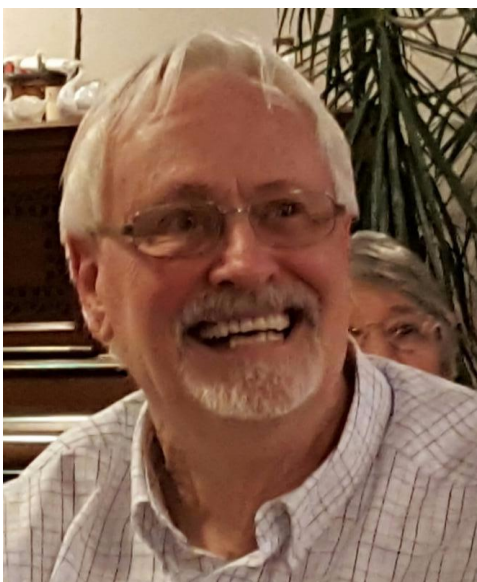
To see how much fun the February potluck was, read the article that follows the announcements of upcoming events.



Ruby Long and Sheila Pearce
checking photos at potluck

New Date: Sunday, April 2
5:00–7:00 PM – everyone welcome

Member Profile: Larry Hannah



A new door is opening in Larry's life as he begins training to be a docent in Oakland Museum's History department. This means escorting groups of fourth graders through the History galleries of the Museum and keeping them involved as he discusses the exhibits with them.

It's not entirely new ground for Larry. A History major at Cal, he is back in familiar territory. The summer computer camps for kids he organized and directed years ago, which his own kids attended, drew

international attention. These days, the ongoing and close relationship he has with his grandkids keeps him in touch with the same generation that will be on the Museum tours. And he has been fortunate, for the last three years, to live in the next block from his son and the grandchildren.

As one of the early Peace Corps Volunteers, Larry went to Colombia in the 1960's and found himself confronted with a whole new world. Having lived in California with a democratic power structure all his life, it was now his job to work with the Rural Community Development program, organizing community action groups and empowering the country people. When he got there, farmers were dependent on the good will of the local priest, mayor and local power brokers. Larry taught them decision-making skills so they could become more adept at making their own choices about their future.

After Peace Corps, he finished up his education at U.C. Berkeley and taught for a while at Sacramento State. But his major interest was still history, and he worked closely with the Gold Country Museum in Nevada City, where he lived. Nevada City, in the heart of California's Gold Country, is a treasure trove for any researcher of the West. He is still closely involved with that museum and visits it frequently.

After his retirement, however, Larry's son convinced him to move to the Bay Area. So now he sees his grandchildren ages 5, 10 and 12 on a regular basis. And he has someone to keep an eye on things while he travels or goes on retreat.

It was at a silent retreat at Spirit Rock Center that he met the lady friend who has become a frequent travel companion. As a matter of fact, Larry has to do some traveling to spend time with her, since she lives in Colombia. Yes,

Colombia, South America. In September and October, they'll be touring Rhine River country, then Spain and Portugal. He takes a major trip at least once a year. This past June Larry joined a group to tour China and has visited many other countries.

Larry came to NOV through our beloved former member Franco Giunta, who passed away this past year, and is an active volunteer. In between traveling, spending time with his grandkids, making trips to Colombia and docenting, he makes time to be a driver for NOV, serve on a couple of committees, and help members with computer issues. We're fortunate to have this skilled, knowledgeable and generous fellow in the NOV community.

– Ruby Long

Men's Monthly Gathering for Members



At last! The eagerly awaited group just for the men in NOV is forming.

At the first meeting, we will decide whether the third Wednesday of the month is a good time to have our ongoing gatherings, and what we want to do in our regular meetings.

Date: Wednesday, March 15, 2017

Time: 1:30 PM–2:30 PM

Place: Bill Baerlocher's

– Bill Baerlocher

NOTE: All men who are members of NOV, if you are interested, please check your e-mail for Bill's contact information.

Handability Shines



Our Handability crafters have been hard at work! In February, several of **Alice Zacco's** colorful quilts, and knitted baby hats and little blankets made by **Renate Sadrozinski, Sandra Coleman, Sara Evinger and Judith Coates** were given to Kathy Kaspar, who heads the Centering Pregnancy neonatal unit at Highland Hospital.

We meet the **second Monday** of every month from **10:30 AM to noon** at **NOV headquarters**, but member and volunteer crafters are welcome to join us at every Monday Menders gathering.

– Sara Evinger

Art Group - Let your inner artist play.

Join us at The **North Oakland Village Art Group** on **Wednesday, March 8 at 2:00 PM** in the NOV Office.

Neither experience nor particular artistic talent is necessary. Artists, beginners & those with ten thumbs will all enjoy this. Those who have attended have found the time together to be very calming, something we all need these days.



It's fun and easy – you'll have a great time.

Members, if you need a ride, give us a call. Members and volunteers free. For the public, a donation of \$10 is requested to help cover expenses.

Singing for the Free at Heart

Singing with Sara

Members & Volunteers Singing Group

Our group met for the first time in February to sing and plan.

After a quick warm-up, it was clear we all like folk songs, silly songs, spirituals, rounds and songs of protest, different languages welcome.



At our first session, songs included "Auld Lang Syne," "Dona nobis pacem," "This Land is Your Land" among others, and concluded in anticipation of St. Pat's Day with "Danny Boy" and "When Irish Eyes Are Smiling."

Suggestions are welcome ahead of time so that we have large-print words and/or music for all.

We will meet the *first Thursdays in April and May from 10:30–11:30 AM* at **Sara Evinger's home**. Currently for members and volunteers only.

Contact the NOV office: phone 510-547-8500

Email: info@northoaklandvillage.org

French conversation group is returning!



At the request of previous participants, **Antoinette Constable** has agreed to once again lead a French Class series, which will *begin Friday, April 7*. It will run from *11:00 AM until 12:00 PM*.

As many of you know, Antoinette is a native French speaker who kindly led this group when it was last offered.

This class is being held *at the home of Joe Evinger*. If you are a **member or volunteer** who wishes to participate, **please sign up with the NOV office as soon as**

possible.

Currently there is room for 5 more people maximum.

You do not need to be fluent, but need to have at least some experience with speaking the language.

February potluck - Another good evening together

Potlucks seem to have become a favorite get-together for the NOV community.

We enjoy visiting with each other so much that it is a challenge to get the group to even go through the food line.



Conversations at the tables are entered into with such enthusiasm that we are slow to interrupt with announcements.

Vicky Lepell and Sheila

Pearce took on hosting the potluck. They proved to be a

good choice, as they covered the tables in white with striking pink camellias from Sheila's garden gracing the centers. A simple but stunning decoration. This was particularly popular, as everyone relieved the burden of Sheila needing to take them all home by gathering them up and taking them to our homes. And enjoying them we are.

The theme was a somewhat belated Valentine's Day. Several people shared parts of their favorite lines from love poems and songs. Some sang for us, **Jaki Jepson** for one, and **Susan Pierpoint** (or, the "Big Pooh Bah," as she prefers to be called) crooned a wonderful song she sings to her 3-week-old grandson.



The hit, however, was a poem read by **Sheila Pearce** about the monocular lover. It was so hilarious that some have even requested a copy.

Please do join us
for the next potluck
– members,
volunteers, friends,



photo courtesy of Sara Evinger

family, neighbors, the general public, everyone – is welcome. We would love to have you join us at the next potluck.

NOTE: Due to parking issues, the March Potluck is being moved to the 1st Sunday in April. The new

date is Sunday, April 2.

– Linda Joslin

Upcoming Events

Handability Group

Knitting and Crocheting in Good Company & for a Good Cause
2nd Monday of the Month
March 13

10:30 AM-12:00 PM

For Members and Volunteers



Supplies, instruction and support will be provided by the Handability leaders, *free of charge*.

Monday Menders

Sewing and Other Handwork with Sandra Coleman & Alyce Zacco
Mondays, March 6, 13, 20 and 27
12:00-1:00 PM

Just drop by with your sewing, quilting, crocheting and other stitchery projects. Bring any mending with which you need help. We do not provide actual instruction, but do offer support, advice and good company.

Time to Talk about NOV

Led by NOV Ambassadors
Contact: NOV Office

**Friday, March 17
10:30-11:30 AM
North Oakland Village Office**

This is a monthly informational session to introduce people to the Village concept, and North Oakland Village in particular. It's an opportunity to get all of your questions answered. Join us, and bring potential members or volunteers. Coffee, tea and snacks provided.

Monthly Bridge Game - New Players Welcome

**Monthly Bridge Game
Organized by Norma Harrison
Third Friday of the Month
Friday, March 17
10:00 AM**

Members and volunteers, are you looking for an entertaining way to socialize? Join our bridge game. You do not have to be an experienced player, but you do need to know the basics. New players welcome. Held at a member's home.

Call Norma at 510/479-1054 for location of this month's game.

Game Group - New Players Welcome

**Monthly Board Game Group
Organized by Ruby Long
Third Saturday of the Month
Saturday, March 18
10:00 AM
NOV Office**

Members and volunteers, you are invited to join us playing different types of board and card games – Quidler, boggle – whatever type of game you want to play.



Currently held in the NOV office on the 3rd Saturday of the month. If you want to have some fun with others and would like to join the group but the day and time don't work for you just let us know – if enough people want to, we can be flexible on day, time and location.

Member Salon

**Member Salon
Contact: NOV Office **This group is currently full.**
Monday, March 20**

3:00-5:00 PM

A group of eight people who get together *at a member's home* to discuss interesting topics and enjoy one another's company. Group size is limited, so you must register with the office in advance.

March topic; how individuals contribute to building better societies.

If you have come to a salon or two and enjoyed it, please let the front office know, and we will help to get a second group started. *The salons are for members only. All levels of members are welcome.*

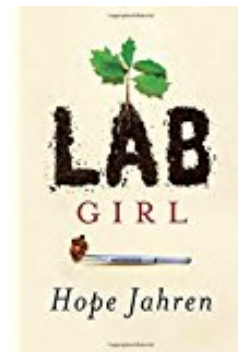
Non-Fiction Book Group

Non-Fiction Book Group
Contact: NOV Office
Last Friday of the Month
Friday, March 31
2:00-4:00 PM
North Oakland Village Office

Members and Volunteers, *the group meets at the Village office.*

In March, **Patte Bishop** will lead the discussion for *Lab Girl* by Hope Jahren.

Members and volunteers, if you would like to join us, please do; we would be happy to have you join us. You can come, give us a try and see how you like it.



Coming Attractions

Watch your email for information about upcoming events

A Social Justice Forum and new variations of the Member Salons

are in the process

We are also planning new outings and presentations.

Keep an eye on your e-mails for more details

Community Events

Bone Health Fair

March 29th @ 9:00 AM-1:00 PM
The Lake Merritt - Independent Senior Living
5th Annual Bone Health Fair for Adults over 45

Do you want strong bones for a healthy life? Hear the latest on bone health. Learn about osteoporosis, nutrition for bone health, bone loss, fracture risk, and bone healthy eating.

This 3-1/2 hour event will include presentations by three experts. Exercise Specialist Pamela Stoker will teach you which type of exercise is best for building bone density, and what exercises can help increase strength and prevent falls. Nutritionist Melissa Ford Cox will further educate you on the importance of calcium and Vitamin D in your diet, as well as how to maximize bone-building nutrients.



Beginning at 12:00 PM, a calcium rich lunch will be served. During lunch, we will welcome our keynote speaker, Dr. Moshe Lewis, who will discuss why bone health matters, how to prevent bone loss, how osteoporosis is diagnosed, and what treatments are used to prevent fractures.

This program is presented by American Bone Health in partnership with The Lake Merritt Independent Senior Living.

Please RSVP to 1-888-266-3015 or register online at www.americanbonehealth.org. There is limited space, so please sign up today. FREE valet parking is available beginning at 9:00am

3rd Friday Movie Night



First Congregational Church in Oakland
Friday, March 17
Doors open 6:00 PM, Event 7:00 PM
Collins Chapel

Movie Night Turns 4

"The Time is Now"

Free Movie! Free Popcorn! *Free Door Prizes
(donations accepted but not required)

In early 20th-century Britain, the growing suffragette movement forever changes the life of working wife and mother Maud Watts. Galvanized by political activist Emmeline Pankhurst, Watts joins a diverse group of women who fight for equality and the right to vote.

Questions? contact Ronnie Casey, ronnie2themax@yahoo.com